

Barotropic Trends through the Barents Sea Opening for the Period 1975-2021

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Key Points:

- A model of the Atlantic and Arctic Oceans simulates an increase of more than 20% for the Barents Sea Opening flow for the period 1975-2021
- Deep learning techniques link this increase to wind forcing over the Nordic Seas
- Changes of leading atmospheric modes over the North Atlantic and the Arctic apparently fail to explain the increases

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19 Abstract

20 We analyze the output of a regional ocean model that comprises the North Atlantic and
 21 the Arctic Ocean for the period 1975-2021. We focus on the flow through the cross-sections
 22 closing the Nordic Sea basin. The simulated flow at Barents Sea Opening (BSO) shows
 23 a clear positive trend. To understand the origin of this trend, we reconstruct the BSO
 24 flow based on wind time series over the Nordic Seas using Deep Learning. To explore po-
 25 tential links between the results from this reconstruction and the major atmospheric modes,
 26 we perform a suite of idealized experiments where the ocean model is forced with wind
 27 field anomalies that refer to known changes in the leading modes of atmospheric circu-
 28 lation over the North Atlantic and Arctic Oceans. Known changes in the major atmo-
 29 spheric wind patterns over the North Atlantic have a weak impact on the simulated BSO
 30 flow, and the sign is not consistent with the overall trend of the full simulation. The lat-
 31 ter holds as well for the known temporal changes in the intensity of the Arctic Dipole
 32 mode. The weak temporal changes in the Arctic Oscillation are consistent with the trend
 33 in the BSO flow but could not explain its amplitude. Ultimately, we could not establish
 34 a clear link between the BSO flow trend and changes in the major atmospheric modes.
 35 We conclude that the atmospheric pattern responsible for the BSO flow trend, does not
 36 project directly on the leading modes of atmospheric variability over the North Atlantic
 37 and the Arctic.

38 Plain Language Summary

39 The Barents Sea Opening is an important gate between the Nordic Seas, that trans-
 40 ports heat and salt towards the Arctic Ocean. The analysis of an ocean model shows that
 41 the simulated volume transport at the Barents Sea Opening increases for the period 1975-
 42 2021. Here, we set out to understand the origin of this trend. Guided by artificial intel-
 43 ligence we find a link between the trend and wind patterns over the Nordic Seas. In sub-
 44 sequent analyses we test for the effects of the most dominant atmospheric patterns over
 45 the North Atlantic and the Arctic. Our results suggest that the changes of the most dom-
 46 inant patterns fail to explain the trend in transports through the Barents Sea opening.
 47 We conclude that the trend is, rather, associated to more complex and specific atmospheric
 48 conditions.

49 1 Introduction

50 The Arctic Ocean is among the most vulnerable regions of the world that is strongly
 51 affected by climate change, e.g. by declining sea ice and glaciers. Part of the heat ex-
 52 change between the sub-Arctic and Arctic occurs through the transport of relatively warm
 53 and saline Atlantic waters northward through the Nordic and Barents Seas to the Arc-
 54 tic Ocean. The Atlantic Water enters the Polar Basin through two main gateways: (1)
 55 through the Fram Strait between Greenland and the Svalbard archipelago and, (2) through
 56 the Barents Sea between mainland Norway and Svalbard. To-date, increased heat trans-
 57 port, carried by the Atlantic Water flow through the Barents Sea, is already causing pro-
 58 found changes to the Barents Sea marine environment (Lind et al., 2018), sea-ice cover
 59 (Onarheim et al., 2015; Yang et al., 2016) and marine ecosystem (Fossheim et al., 2015).
 60 As such, the Barents Sea appears to be an essential passage way for the transport of heat,
 61 both for the atmosphere and the ocean (Smedsrud et al., 2013). Since changes that oc-
 62 cur in the Barents Sea are eventually also reflected in the Arctic Ocean, it is important
 63 to quantify and fully understand the different pathways of waters, the drivers behind them
 64 and their associated characteristics.

65 The exchanges through the southwestern entrance to the Barents Sea consists of
 66 a predominantly eastward flow in the southern and central parts (i.e. an inflow to the
 67 Barents Sea from the Nordic Seas) (R. Ingvaldsen et al., 2002; Skagseth et al., 2011) and
 68 a predominantly westward flow in the northernmost, deeper part (i.e. an outflow from

69 the Barents Sea to the Nordic Seas) (Skagseth, 2008). The inflow into the southern and
 70 central Barents Sea Opening (BSO hereafter) is mainly barotropic (R. B. Ingvaldsen et
 71 al., 2004) and has been shown to be sensitive to local atmospheric forcing (R. Ingvald-
 72 sen, 2005). The outflow out of the northern part of the BSO is dominated by a baroclinic
 73 component (Blindheim, 1989) from dense water formation due to sea-ice formation in
 74 western parts of the Barents Sea (Blindheim, 1989; Sarynina, 1969; Årthun et al., 2011),
 75 but has also been shown to be sensitive to atmospheric forcing with intermittent rever-
 76 sals (Lien et al., 2013).

77 From a barotropic viewpoint, the cause of temporal changes and trends in the At-
 78 lantic Water flow through the Barents Sea may be simplified down to two hypotheses
 79 based on hydraulic principles: either changes in upstream conditions push water into the
 80 Barents Sea, or changes in downstream conditions pull water into the Barents Sea (or
 81 both). Upstream changes in the Atlantic Water flow can be caused by processes in the
 82 North Atlantic that cause increased inflow to the Nordic Seas through the gateways be-
 83 tween Scotland and Iceland (Figure 1), or wind-driven changes to the circulation within
 84 the Nordic Seas. Changes in the downstream conditions include wind-driven changes to
 85 the inflow at the southwestern entrance to the Barents Sea (R. B. Ingvaldsen et al., 2004;
 86 Skagseth et al., 2011; Lien et al., 2013, 2017) as well as changes in dense water forma-
 87 tion within the Barents Sea affecting the strongly baroclinic outflow to the northeast to-
 88 ward the Polar Basin (Midttun, 1985; Schauer et al., 2002; Dmitrenko et al., 2015). From
 89 a more general point of view, the gates towards the Arctic Ocean and the Nordic Sea
 90 basin are interconnected, and any change in a flow of a gate drives a change in another,
 91 but the notion of causality is unclear on which gate drives which (de Boer et al., 2018):
 92 such a notion is linked to high frequency signal as barotropic waves may travel from one
 93 gate to another in a few hours or less.

94 It has been postulated that changes in the downstream conditions may also cause
 95 feedback loops that will tend to further strengthen the response in the Atlantic Water
 96 inflow to the Barents Sea (Ådlandsvik & Loeng, 1991; Bengtsson et al., 2004). Two feed-
 97 back loops, one atmospheric and one oceanic, were investigated by Smedsrud et al. (2013).
 98 They found that increased dense water formation that increases the baroclinic flow from
 99 the Barents Sea to the Polar Basin also tends to increase the inflow to the Barents Sea
 100 in the southwest. However, the other feedback loop, where reduced sea-ice cover from
 101 increased Atlantic Water inflow causes increased ocean-to-atmosphere heat fluxes and
 102 subsequently increased cyclonic circulation in the atmosphere that favors increased in-
 103 flow in the southwest, was not substantiated.
 104 Polyakov et al. (2023) related recently, in an empirical study, the BSO flow trend, to one
 105 of the leading atmospheric modes over the Arctic Ocean, the Arctic Dipole (AD). In con-
 106 trast, Hilmer and Jung (2000) refer to circulation changes in the Nordic Seas due to changes
 107 in the centers of action in the North Atlantic Oscillation.

108 There is, however, no consensus yet on the drivers of the flow trend at BSO. In the
 109 present study, we add to the ongoing discussion on the origin of the flow trend. Since
 110 the BSO flow in general has been shown to be sensitive to wind patterns over the Nordic
 111 Seas (Muilwijk et al., 2019; Chafik et al., 2015), we hypothesize that the flow trend at
 112 BSO is linked with a change in wind patterns over the Nordic Seas. Such a change is no-
 113 ticed by Herbaut et al. (2017) for example, although their findings conclude to a weak-
 114 ening of the cyclonic circulation in the Nordic Seas, which according to Muilwijk et al.
 115 (2019) should also weaken the flow towards the Barents Sea at BSO, and can therefore
 116 not explain the BSO flow trend. To explore our hypothesis, we utilize results from an
 117 ocean general circulation model for the period 1975-2021. More specifically, we explore
 118 links between the simulated trend in the Atlantic Water flow through BSO and its drivers
 119 using deep learning (DL hereafter). Technically, we use output from our geophysical fluid
 120 dynamic model as inputs to a deep-learning model. The approach sets out to find a set
 121 of features (such as atmospheric times series) that yield explanatory power in terms of

122 reproducing the flow through BSO. The application of Deep learning is embedded in a
 123 range of respective recent oceanographic advances, including data assimilation, improve-
 124 ments of hydrodynamic models, forecasting, and gap filling (Brajard et al., 2020; Rajabi-
 125 Kiasari et al., 2023; Jahanmard et al., 2023; Dietze & Löptien, 2021).

126 In Jahanmard et al. (2023) a temporal causal convolutional network was employed
 127 to predict ocean modelling errors given particular input variables. This approach basi-
 128 cally examines the frequency contents of ocean modelling errors and searches for causal
 129 relationships between ocean model errors and input variables, with the requirement that
 130 the DL model must generalize its solution across different unseen sets. The advantage
 131 of this approach is the distinct identification of relevant input variables and their char-
 132 acteristics. Here, we will use a similar approach (see Section 3) to analyze the model out-
 133 puts and relate it to specific wind derived time series (chosen based on expert knowledge).
 134 The aim is to perform a non-linear Granger causality test (Gogina & Zettler, 1999; Diebold,
 135 2007) for determining whether the simulated BSO flow and its trend can be successfully
 136 reconstructed by using the wind time series only. In a second step, we attempt to iden-
 137 tify the most influential time series by feature selection. Our specific DL approach ad-
 138 ditionally allows us to determine the memory of the system by using so called *causal con-*
 139 *volutions*.

140 The DL experiments are complemented with sensitivity experiments with our ocean model
 141 to explore the role of wind changes that refer to known changes in the dominant atmo-
 142 spheric modes over the Arctic.

143 The paper is organized as follows: we start with a description of our physical ocean mod-
 144 elling experiment in Section 2. In section 3, we present our DL approach to reconstruct
 145 the BSO flow and respective physical implications. In Section 4, we employ the results
 146 of the DL-based model experiments, to design a set of sensitivity experiments with the
 147 prognostic general ocean circulation model targeted to identify the atmospheric drivers
 148 behind the flow trend at BSO. Section 5 discusses our findings and concludes this arti-
 149 cle.

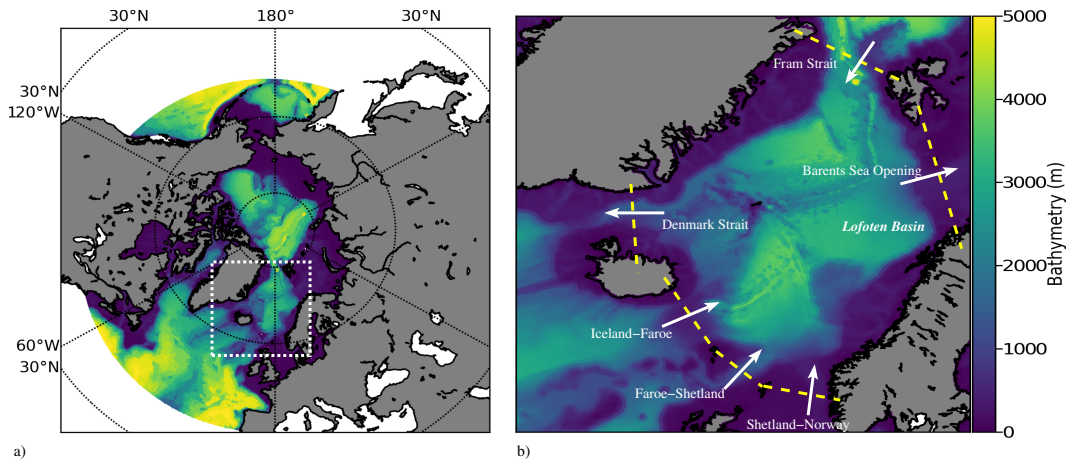


Figure 1. a) Domain and bathymetry (in m) of the Nemo-NAA10km model configuration, the white square shows the box covering the Nordic Seas b) The Nordic Sea box, with its 6 gates, Barents Sea Opening (BSO hereafter), Fram Strait (Fram hereafter), Denmark Strait (DS hereafter), Iceland-Faroe ridge (IF hereafter), Faroe-Shetland Channel (FS hereafter) and Shetland-Norway section (SN hereafter). The direction of the arrows shows the direction of the mean flow at each gate.

2 General Ocean Circulation Model, Transport Trends & Dataset Description

We use a long term simulation of the Nemo-NAA10km regional ocean model (Hordoir et al., 2022) for the period 1975-2021. Nemo-NAA10km is a regional model used to study ocean processes, and changes in ocean processes in the North Atlantic and Arctic Oceans. Nemo-NAA10km operates in forced mode (as opposed to ocean-atmosphere coupling). The interaction with atmospheric data is parameterized through bulk formulas (Large & Yeager, 2004). The wind stress received by the ocean is calculated as a function of the square of (prescribed) winds in 10 m height. The effects of surface currents on wind stresses are neglected. The latter facilitates the interpretation of the effect of wind-patterns on circulation because there is no feedback from potentially chaotic differences in the circulation.

Within the computational domain of Nemo-NAA10km that covers the Arctic & North Atlantic Oceans (Figure 1a), we define a box that covers the Nordic Seas (Figure 1b), and for which each of the 6 gates to the Nordic Seas is described.

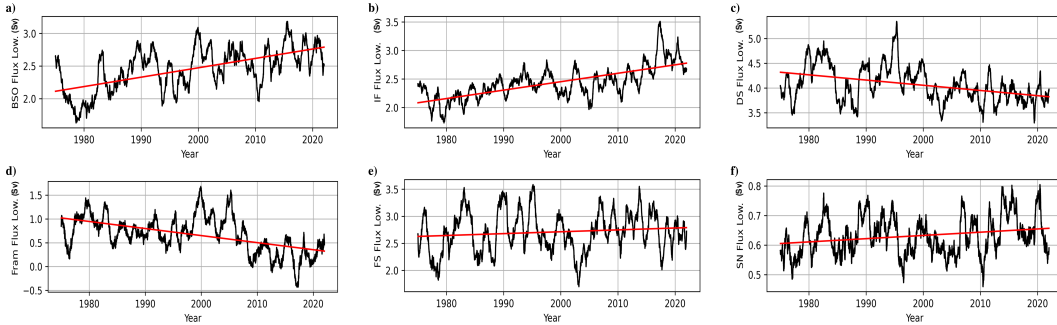


Figure 2. Low passed filtered net flow (in Sv) at the 6 different gates of Figure 1 for the time period 1975-2021, the figures show the annual mean signal computed with a moving average, and the linear trend for the entire time period (red line). All fluxes have a positive mean value, but their contribution to the budget of the Nordic Sea box is indicated hereafter with a (+) or (-) sign. a) BSO (-), linear trend of +0.15 Sv per decade b) IF (+), linear trend of +0.14 Sv per decade c) DS (-), linear trend of -0.11 Sv per decade d) Fram (+), linear trend of -0.15 Sv per decade e) FS (+), linear trend of +0.03 Sv per decade f) SN (+), linear trend of +0.01 Sv per decade.

We focus on the barotropic variability within the Nordic Seas box defined in Figure 1. We compute the barotropic volume flux through each of the gates for the period 1975-2021, and the computation is done hourly. There is an obvious trend of net transport at BSO leaving the Nordic Sea box. The Nordic Sea box budget is mostly compensated by a stronger input to the Nordic Sea box at the IF ridge, and a decreasing southward trend at DS (Figure 2). Additionally, the southward flow at Fram declines. These calculations suggest a change in the transport in the Nordic Sea. This is also reflected in changes of the barotropic circulation for two different periods (Figure 3), which shows also that the flow along the Norwegian coast actually becomes less. Along the coast of Greenland, the southward flow intensifies, but the northward inflow at DS becomes higher, resulting in a weaker net southward flow. The fate of the increasing flow at BSO is not investigated in the present article. It is possible that the flux through Bering Strait, or through the Canadian Archipelago is modified. In the latest case, the Southward flow at Davis Strait is estimated to be 2.6 Sv (Cuny et al., 2005), which is of the same or-

179 der of magnitude as that of the BSO. The flow through this strait could therefore increase
180 by the same amount as the BSO flux.

181 This study sets out to link trends in transports to wind forcing. We start with em-
182 ploying DL to explore statistical relationships. In a subsequent step (4.2) we go back to
183 the prognostic general ocean circulation model in order to test the results and hypoth-
184 esis suggested by the results of the Deep Learning.

185 The data supplied to the DL pipeline consists of several wind features for the en-
186 tire or a sub-section only of the area of the Nordic Sea domain (Figure 1). These wind
187 features are the mean zonal wind stress τ_x , the meridional wind stress τ_y , and the ver-
188 tically integrated Sverdrup transport V in $\text{m}^2 \text{s}^{-1}$ (Gill, 1982):

$$V = \frac{1}{\beta\rho_0} \left(\frac{\partial\tau_y}{\partial x} - \frac{\partial\tau_x}{\partial y} \right) \quad (1)$$

189 in which

$$\beta = \frac{2\omega\cos(\phi)}{R} \quad (2)$$

190 where $\omega = 7.2110^{-5} \text{ s}^{-1}$ is the earth rotation pulsation, ϕ is the latitude, and R
191 is the earth radius. It is important to note that this Sverdrup transport is a theoreti-
192 cal equation which only permits to isolate a single process that must be reproduced by
193 Nemo-NAA10km. The spatially averaged values of τ_x , τ_y and V are computed for sev-
194 eral sub-areas of the Nordic Sea box. In total, these areas comprise the entire Nordic Sea
195 box itself, the 500m isobath along the Norwegian coast (i.e.: the pathway of the Nor-
196 wegian current transporting Atlantic Water towards the BSO), the Lofoten Basin, FS,
197 DS, IF, Fram, SN, and BSO itself (Figure 4). The 500m isobath is transformed into an
198 area by considering all the model grid cells with a depth of $500\text{m} \pm 10\text{m}$.

199 The features provided for the reconstruction of the BSO flow at a given hour, are
200 either from the same hour, or from previous hours. It is important to notice that the ef-
201 fect of τ_x & τ_y features on ocean circulation have a different timescale than the Sverdrup
202 transport V . The reason is that, implicitly, a steady state assumption of different phys-
203 ical processes (each of which with its own dynamics) is made: τ_x & τ_y can be related with
204 the Ekman transport in the ocean (Gill, 1982), for time scales $t \gg \frac{1}{f}$, in which f is the
205 local Coriolis parameter. For the Nordic Seas area, $\frac{1}{f}$ it is approximately 2 to 3 hours.
206 The timescale above which a steady state can be considered when it comes to the Sver-
207 drup transport V is different, and is related with the size of the basin (Willebrand et al.,
208 1980). This timescale T can be computed as:

$$T = \frac{L}{\beta} \left[\frac{1}{L^2} + \frac{f^2}{gH} \right] \quad (3)$$

209 in which L is a scale of the width of the basin, H is a scale of the depth of the basin,
210 $g = 9.8\text{m}^2\text{s}^{-1}$. Applied to the Nordic Seas, we compute T to be equal to 2 to 3 days,
211 which means that a timescale much larger than that of the basin timescale is of the or-
212 der of a few weeks. Computing V will therefore require considering time scales of a larger
213 amplitude than T (Willebrand et al., 1980). Results from the DL model will show in the
214 present article, that the reconstruction of the long term trend at BSO requires a learn-
215 ing process with a data time slot that corresponds to such time scales.

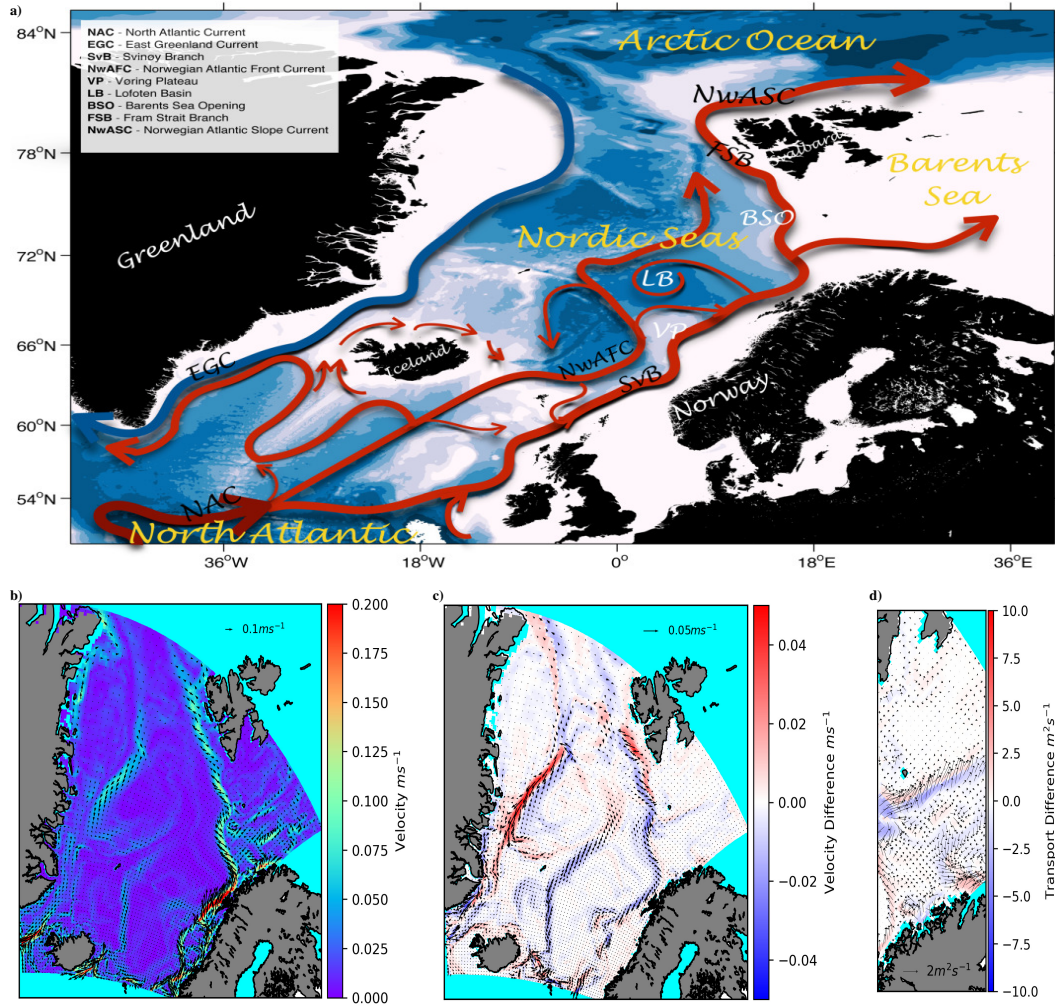


Figure 3. a) From Chafik et al. (2015), Map of the Nordic Seas including the bathymetry (shading) and a schematic representation of the large-scale pathways of Atlantic water in the northern North Atlantic and the Nordic Seas. Abbreviations in black denote current systems, and white denote regions. The focus of the present study is the variability of the branch entering the Barents Sea at BSO. Subfigures b,c and d show current patterns extracted from the Nemo-NAA10km numerical configuration (Hordoir et al., 2022). (b) Mean barotropic currents in m s^{-1} for the period 1992-2006 c) Difference between the periods (2007-2021 - 1992-2006) d) Difference of transport in $\text{m}^2 \text{s}^{-1}$ at BSO, between the periods (2007-2021 - 1992-2006)

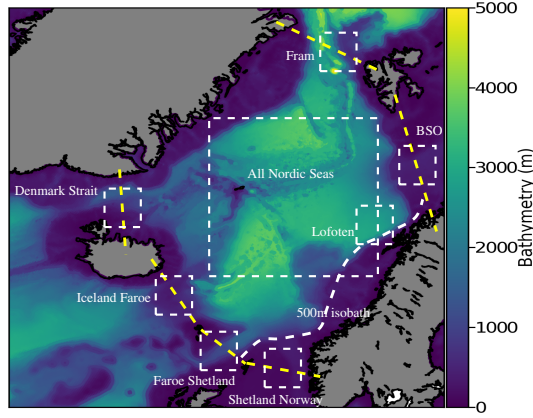


Figure 4. Boxes over which we compute mean hourly values of τ_x , τ_y and V , that are provided as input to our DL model. The dotted-dashed line shows the 500m isobath along the Norwegian coast.

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3 Deep Learning Method

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In this section, we present a reconstruction of the temporal evolution of the BSO flow based on local timeseries of surface winds using a multivariate deep neural network. Guided by expert knowledge we find a suite of local wind time series (cf. Figure 4) that suffice to reconstruct the BSO flow. The DL model architecture employed is a temporal causal convolutional network. In our benchmarking, we observed that the final architecture exhibits a smaller generalization error and demonstrates better performance in capturing both high- and low-frequency variations than test experiments described below. This architecture is capable of establishing complex relationships between the past temporal evolution of the wind derived time series (as a receptive field RF) and the simulated BSO flow while preventing information leakage from future to past. How many past information are used can be adjusted as the network uses *causal convolutions* which are just convolutions that make sure that the prediction at time t only depends on past events $t - n$, where n is the length of RF . In a nutshell, we can explore whether the past evolution of the wind time series is useful to forecast the BSO flux variations and its trend (non-linear Granger causality test) and additionally determine the memory of the system (by varying RF). Ultimate conclusions are then drawn by combining the DL results with physical considerations. Details on the DL model architecture are described in Appendix A.

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The ultimate network is based on expert knowledge combined with a couple of DL experiments. Specifically, we tested different subsets of input variables to explain the model's outcome (following a similar approach as J. Chen et al. (2018)). For instance, we included flows from other gates (see Figure 1b) into the models inputs. These results, however, were inconclusive and did not improve the quality of the reconstruction. In this case, physical constrains limit the RF to 2 or 3 hours (which is bouncing time occurs at the speed of barotropic waves). An event that happened at other gates must precede an event in the BSO gate to be considered in our DL experiments. Therefore, if we want to consider the flows, the RF had to be limited to a few hours. Our experiment demonstrated that including these flows did not improve the quality of the reconstruction. Excluding the flows of other gates and expanding the RF time, the model strongly improved in predicting the trend. Additional experiments revealed that an hourly resolution of the input data results in an improved model performance compared to a daily resolution. Our

248 final DL model achieves a correlation R^2 of 0.97, and a reproduction of the trend with
 249 a trend ratio TR of 0.92 in predicting the BSO flow.

250 To determine the memory of the system, Figure 5 shows the evolution of TR and
 251 R^2 as a function of RF . This figure indicates that using three weeks of historical wind-
 252 derived time series allows for retrieving the BSO trend. Choosing an RF greater than
 253 three weeks does not impact the model’s performance in reconstructing the BSO trend.

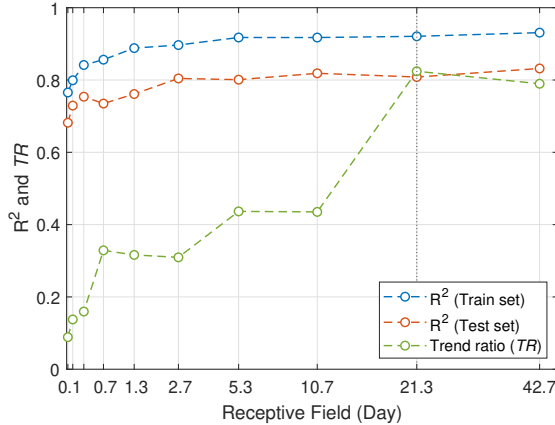


Figure 5. Evolution of the BSO trend ratio (TR) and model performance (R^2) as functions of the receptive field (RF).

254 4 Synthesis

255 4.1 Deep Learning Results

256 For the hourly BSO flow reconstruction we use hourly wind indexes representative
 257 of areas as indicated in Figure 4 backlogged up to three weeks. By combining expert knowl-
 258 edge with trial-and-error we find that in order to reconstruct the flow: (1) All wind data
 259 backlogged as far as 21 days and, occasionally, even as far back as 30 days is required.
 260 (2) Daily resolution is insufficient, as it fails to capture the full amplitude of the trend
 261 in BSO flow (Figure 2). Hence, we use hourly wind data and then reconstruct hourly
 262 BSO flow. Through probing through various input combinations to our deep learning
 263 framework in order to reconstruct the BSO flow as simulated with our prognostic gen-
 264 eral ocean circulation model, we find indications that:

- 265 - The long-term trend of the barotropic BSO flow is wind driven. The reason be-
 266 ing that a precise reconstruction can be achieved by using hourly winds. Note that
 267 the effect of model boundary conditions on the BSO flow trend is apparently mi-
 268 nor because: (1) The models open boundary conditions are based on monthly mean
 269 values, and we found that shorter than daily frequencies are required to reconstruct
 270 the trend. (2) Barotropic waves protruding from the boundaries of the Nordic Seas
 271 are created by weather systems which cannot yet have reached the Nordic Seas.
 272 Given that BSO flow can be reconstructed using past data only, this suggests that
 273 there is a temporal fallacy in the argument that the models boundary conditions
 274 drive the BSO flow trend.
- 275 - The BSO flow long term trend is pushed by wind patterns over the Nordic Seas,
 276 but the "pull" hypothesis can not be totally excluded as weather systems over the
 277 Nordic Seas can move to the Barents Sea for example. And since they arrive in

278 the Barents Sea afterward, it is not impossible that their pattern in this area re-
 279 sembles that of the indexes we provide to the DL model.
 280 - It is possible to reconstruct the BSO flow, and its trend, using data from sea-ice
 281 free regions. We can therefore conclude that sea-ice has little or no influence on
 282 the BSO flow.

283 Based on our results so far, we have identified that the trend observed from the BSO
 284 is most likely driven by a change in wind circulation over the Nordic Sea area. But the
 285 question remains, in terms of physical understanding, on how can we characterize this
 286 change. We continue to investigate this aspect by using Principal Component Analysis
 287 (Empirical Orthogonal Functions).

288 4.2 Atmospheric Patterns

289 We have shown that the long term trend at BSO is linked to winds. However, since
 290 the wind time series are statistically related we cannot draw ultimate cause-effect rela-
 291 tionships on what are the specific changes in the atmospheric circulation that could ex-
 292 plain such trends. Thus subsequent analysis refer to model simulations which are mo-
 293 tivated by foregoing studies.

294 Based on work of R. B. Ingvaldsen et al. (2004) (their Figure 12) we know that there
 295 are two basic patterns driving BSO flow variability, one for each direction of the flow.
 296 In the case of an inflow from the Nordic Seas towards the Barents Sea, the flow is as-
 297 sociated with a low pressure system centered on the Nordic Seas, which creates a cyclonic
 298 circulation in the Nordic Seas. In the case of an outflow from the Barents Sea, towards
 299 the Nordic Seas, the flow is associated with a high pressure system centered north of Green-
 300 land, which extends in the Nordic Seas. The prominent overall trend of increased BSO
 301 flow (Figure 2) can be decomposed in two sub-trends. The trend of inflows, and the trend
 302 of outflows. The trend of the total BSO flow is $1.5 \cdot 10^4 \text{ m}^3 \text{ s}^{-1}$ per year, but the trend
 303 of inflows is actually $1.4 \cdot 10^4 \text{ m}^3 \text{ s}^{-1}$ per year, whereas the trend of outflow is $7.38 \cdot 10^4$
 304 $\text{m}^3 \text{ s}^{-1}$ per year.

305 In the present article, we are only considering the net flow through BSO, and BSO is de-
 306 fined as a section going from Svalbard to the Norwegian continental coast. However, the
 307 BSO flow is not homogenous along this section. It is mostly inflowing along the Norwe-
 308 gian coast, and can be outflowing South of the Island of Bjørnøya, which is also the deep-
 309 est part of the section. If the trend of outflows can be related with the trend of the out-
 310 flowing part of the BSO flow, and the trend of inflows can be related with that of the
 311 inflowing part of the BSO flow, then one can deduce that the outflows should become
 312 weaker and/or less frequent. A closer look at the trends in currents and transports shows
 313 that this is actually what happens in our numerical simulations (Figure 3c and 3d). This
 314 suggests that the wind pattern associated with outflows has a trend making it weaker,
 315 as the trend of outflow strength is more than 5 times higher. Of course, since outflows
 316 are rare in comparison with inflows, the total BSO flow trend is not just simply the al-
 317 gebraic sum of the two trends.

318 In our model experiments, we follow a similar approach as outlined by Muilwijk et al.
 319 (2019). We design a perturbation experiment in which the wind field of the forcing dataset
 320 of the long term simulation of Hordoir et al. (2022) is modified by adding constant wind
 321 fields. These wind fields correspond to the major atmospheric modes (North Atlantic
 322 Oscillation, East Atlantic Pattern, Arctic Oscillation and Arctic Dipole). Thus, our pat-
 323 tern differs from Muilwijk et al. (2019) who modified his forcing by an anomaly corre-
 324 sponding with a very strong or very weak sea level pressure (SLP) at the location of the
 325 low pressure system located in the Greenland Sea. Our analysis is motivated by earlier
 326 suggestions on the potential impact of changes in the leading atmospheric modes (Polyakov
 327 et al., 2023; R. B. Ingvaldsen et al., 2004)).

328 For this purpose, we perform Principal Component Analyses of sea level pressure
 329 (SLP) anomalies for the following regions: (1) the North Atlantic from 20°-80°N and 90°W-
 330 40°E and (2) the Arctic ranging from 20°-80°N, 180°W-180°E. All calculations are based
 331 on monthly mean SLP anomalies where the mean seasonal cycle was removed. The at-
 332 mospheric data consist of the ERA5 reanalysis that was also used to force the model.
 333 Note that the data sets were not de-trended. The corresponding wind fields were obtained
 334 by regressing the indices on the respective wind fields over the Northern Hemisphere.

335 We considered two leading modes for both regions. For the first region, compris-
 336 ing the North Atlantic, we perform separated principal component analyses for the time
 337 periods 1979-1988 and 2013-2022. The rationale of this approach is to explore the im-
 338 pact of known changes in the centers of actions in the leading modes over time (Tao et
 339 al., 2023; Hilmer & Jung, 2000; Jung et al., 2003; Barnston & Livezey, 1987). The trends
 340 in the intensity of these leading modes over time are rather weak. For the Arctic, how-
 341 ever, the Arctic Dipole has a tendency toward higher values over time. Also, this mode
 342 has been suggested to strongly impact the BSO flow in the empirical study by Polyakov
 343 et al. (2023). We thus performed the principal component analyses over the entire time
 344 period that is based on the ERA5 atmospheric conditions.

345 All respective wind anomalies (referring to the positive and negative EOF-patterns)
 346 were added to the regular wind forcing of the year 2000 (which is in approx. the mid-
 347 dle of the simulated time period). Note that the original winds were rather weak to mod-
 348 erate when starting the simulations with modified forcing.

349 **4.3 Leading modes in the North Atlantic: the North Atlantic Oscilla-** 350 **tion and East Atlantic Pattern**

351 For the North Atlantic region, we explore how the known changes in the position
 352 of the centers of action in the leading modes of atmospheric variability might impact the
 353 simulated BSO flow. We compare the two time periods 1979-1988 and 2013-2022 for the
 354 first two leading modes, the North Atlantic Oscillation or NAO, and the East Atlantic
 355 Pattern-EA (Hurrell, 1995). Note that shifts in the NAO can result in related shifts in
 356 the EA pattern (Mellado-Cano et al., 2019). The time periods refer to the first and last
 357 decade during which we applied consistently ERA5 atmospheric forcing. For the NAO
 358 we compare the impact of positive and negative anomalies during the two periods be-
 359 cause the response could be non-symmetrical. For the EA we consider only the positive
 360 phases because it knowingly developed a preference for more positive values during the
 361 recent decades (Mikhailova & Yurovsky, 2016).

362 Although there is a clear change in the location of the low pressure system centered
 363 on the Nordic Seas between the two time periods, especially if one considers the NAO,
 364 this change does not imply the expected increase at the BSO flow (Figure 6). On the
 365 contrary, the changes of wind strength between the two time periods, lowers the BSO
 366 flow, as the wind vorticity on the area shifts (Figure 6 a). This change is consistent with
 367 the changes of currents, which exhibit a weaker Atlantic Current (Figure 3). The other
 368 sensitivity experiments which apply the wind velocity changes related with the differ-
 369 ence in EA produce almost no visible change in BSO flow. If the experiment is done based
 370 on the negative NAO phase, then the BSO flow does increase by about 2%, which is far
 371 below the 20% of increase represented by our Nemo-NAA10km simulation. Our results
 372 differ from the ones conducted by (Mulwijk et al., 2019) as the ocean response in our
 373 experiments is weaker, but the perturbation we introduced is much weaker as it corre-
 374 sponds to observed trends in leading modes over the North Atlantic. The pattern of change
 375 of NAO over the North Atlantic Ocean exhibits a trend towards a weaker low pressure
 376 system over the North Atlantic (Figure 6), which suggests that the cyclonic wind cir-
 377 culation becomes slightly weaker, hence creating a weaker cyclonic ocean circulation in
 378 the Nordic Seas. Based on the experiments made by (Mulwijk et al., 2019), one should

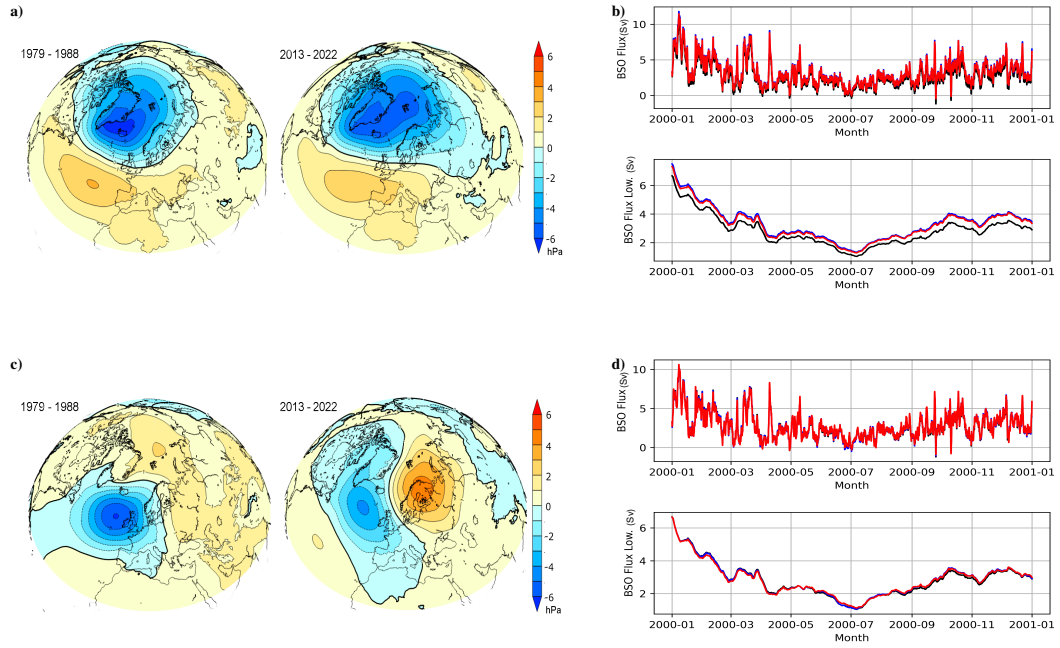


Figure 6. a) First EOF of the SLP (NAO) over the North Atlantic Ocean, for the time periods 1979-1988 and 2013-2022 b) Sensitivity of the BSO flow for year 2000 to an increased EOF1 pattern for the 1979-1988 and 2013-2022 time periods. Black curves are the reference experiment, blue curves correspond to the time period 1979-1988, red curves to the time period 2013-2022 instead. For each subfigure, the hourly signal is displayed above (BSO flow), and a low passed signal is displayed below (BSO flow Low.) c) Second EOF of the SLP (EA) over the North Atlantic Ocean, for the time periods 1979-1988 and 2013-2022 d) Sensitivity to an increased EOF2 pattern

379 expect the BSO flux to be a bit weaker for the period 2013-2022 compared with the pe-
 380 riod 1979-1988, which is exactly what our experiment shows. Therefore, we conclude that
 381 the trend of BSO flux can not be explained by the changes of principal atmospheric modes
 382 over the North Atlantic.

383 4.4 Leading modes over the Arctic: the Arctic Oscillation and Arctic 384 Dipole

385 The Arctic Oscillation (AO hereafter) and the Arctic Dipole (AD hereafter) cor-
 386 respond to the two leading modes when considering the sea level pressure anomalies north
 387 of 70°N (Thompson & Wallace, 1998; Deser, 2000; Watanabe et al., 2006; Wu et al., 2006).
 388 In contrast to the NAO, the AO and AD are associated with outflows at BSO. We ex-
 389 plore the first two leading modes while we do not consider a shift in the pattern but per-
 390 formed, instead, the EOF analysis for the entire period 1979-2022 (because the AO pat-
 391 tern is typically more stable than the NAO). We explore the impact of the related pos-
 392 itive and negative anomalies in the winds. Such an approach allows us to estimate a po-
 393 tential impact of a trend or a phase shift in the leading modes. A respective phase shift
 394 has been reported for the AD (Heo et al., 2021).

395 In contrast to the experiments performed with the NAO and EA, the simulated BSO
 396 flow is extremely sensitive to the AD as suggested already by Polyakov et al. (2023); R. B. In-
 397 gvaldsen et al. (2004). Polyakov et al. (2023) related changes in the ORAS5 ocean re-
 398 analysis data to the trend in one of the leading atmospheric modes over the Arctic Ocean,
 399 the Arctic Dipole (AD). By time series analysis Polyakov et al. (2023) attribute the BSO
 400 flow trend to the increasing strength of the AD. Our model simulations could, however,
 401 not confirm this empirically drawn relationship. In our work, we perform a sensitivity
 402 experiment, and its result shows clearly an opposing response. In line, the Arctic Dipole
 403 is likely to create Northerly winds in the Barents Sea, and therefore, as simulated, a west-
 404 ward transport South of Svalbard. This transport goes in the opposite direction as that
 405 of the BSO flow, if the later is defined as positive when entering the Barents Sea. The
 406 conclusions from Polyakov et al. (2023) also contradict the correlation between AD and
 407 BSO, from their very own dataset: based on the AD data from their Figure 2, and the
 408 BSO flow data from their Figure 3, one finds a clear negative correlation between the
 409 two time series, especially for the recent years. For the time period 2005-2021, the cor-
 410 relation between the two time series is -0.38, and for the time period 2011-2021 it reaches
 411 -0.53. These results are therefore in agreement with our findings (Figure 8).

412 On the other hand, our results are in line with R. B. Ingvaldsen et al. (2004), as adding
 413 a positive AD to the mean SLP actually exhibits an SLP pattern that looks similar to
 414 their Fig12b. However, according to our model experiments, the trend in AD (Figure
 415 8) can not explain the BSO flow trend as the respective changes have an opposing ef-
 416 fect on the BSO flow than the trend obtained when applying the full forcing (Figure 8).
 417 Note that a control experiment considered only AD-related winds north of 75°N. The
 418 result is very similar to using the full fields over the Northern Hemisphere, although the
 419 sensitivity of the BSO flow is weaker.

420 When applying the first leading mode, i.e. the AO pattern, the model response appears
 421 weaker compared with the response to the AD pattern. However, a weakening AO mode
 422 does well produce a significant increase in BSO flow as the wind patterns related with
 423 a strong positive AO, are associated with Easterlies (Figure 7a) in the BSO, and there-
 424 fore with an outflow pattern. This finding seems consistent with the BSO-trend, but the
 425 effect is much too weak - especially since the AO only exhibits a very weak trend over
 426 the considered time period. The simulated increase of the BSO flow when using the full
 427 atmospheric forcing is more than 20%, whereas a positive AO vs a negative AO explains
 428 only 8% while the observed AO trend is much weaker than considering the difference be-
 429 tween positive and negative AO phases. Therefore, we conclude that the BSO flux trend
 430 can not be explained either by the changes of the leading atmospheric modes over the
 431 Arctic.

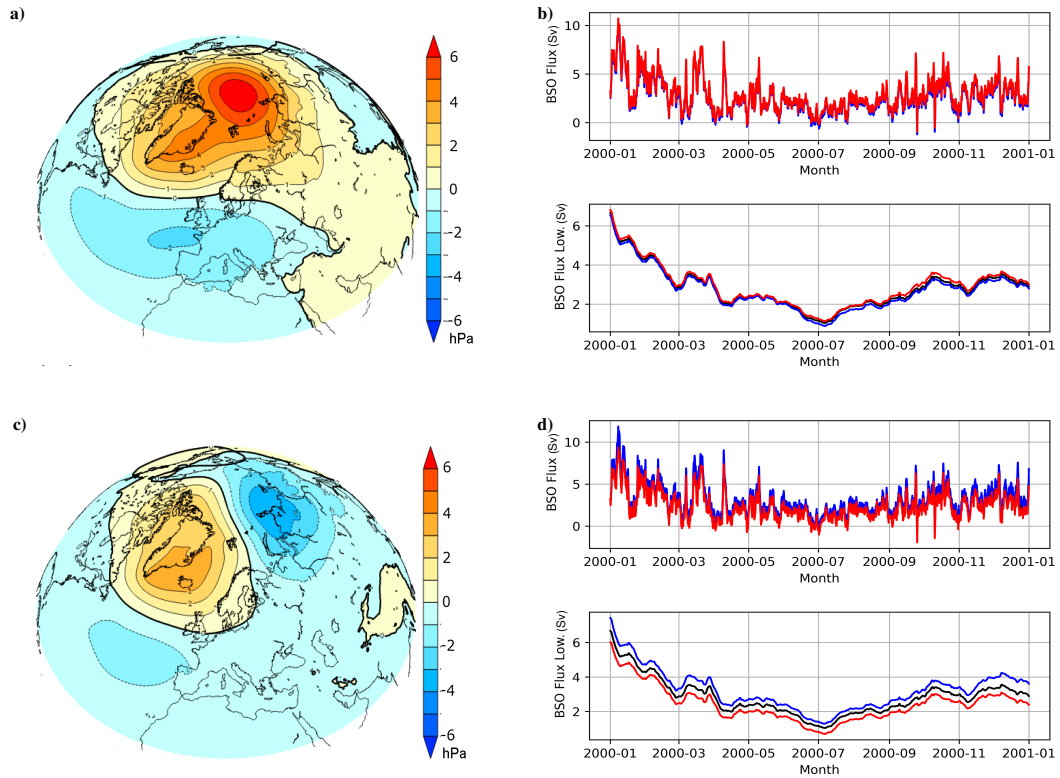


Figure 7. a) Arctic Oscillation SLP pattern (AO-), which corresponds to its first EOF b) BSO flow for year 2000, black is the reference simulation, blue is the simulation corresponding with the AO negative anomaly (AO- run hereafter), red is the simulation corresponding with the AO positive anomaly (AO+ run hereafter). The reference, AO-, AO+ mean BSO fluxes are 2.8 Sv, 2.92 Sv and 2.69 Sv respectively. c) Arctic Dipole, which corresponds to EOF2 of the SLP above 70N, mean value of the period 1979-2022. d) BSO flow for year 2000, black is the reference forcing, blue is the simulation corresponding with the AD negative anomaly (AD- run hereafter), red is the simulation corresponding with the AD positive anomaly (AD+ hereafter). The reference, AD-, AD+ mean BSO fluxes are 2.8 Sv, 3.22 Sv and 2.41 Sv respectively.

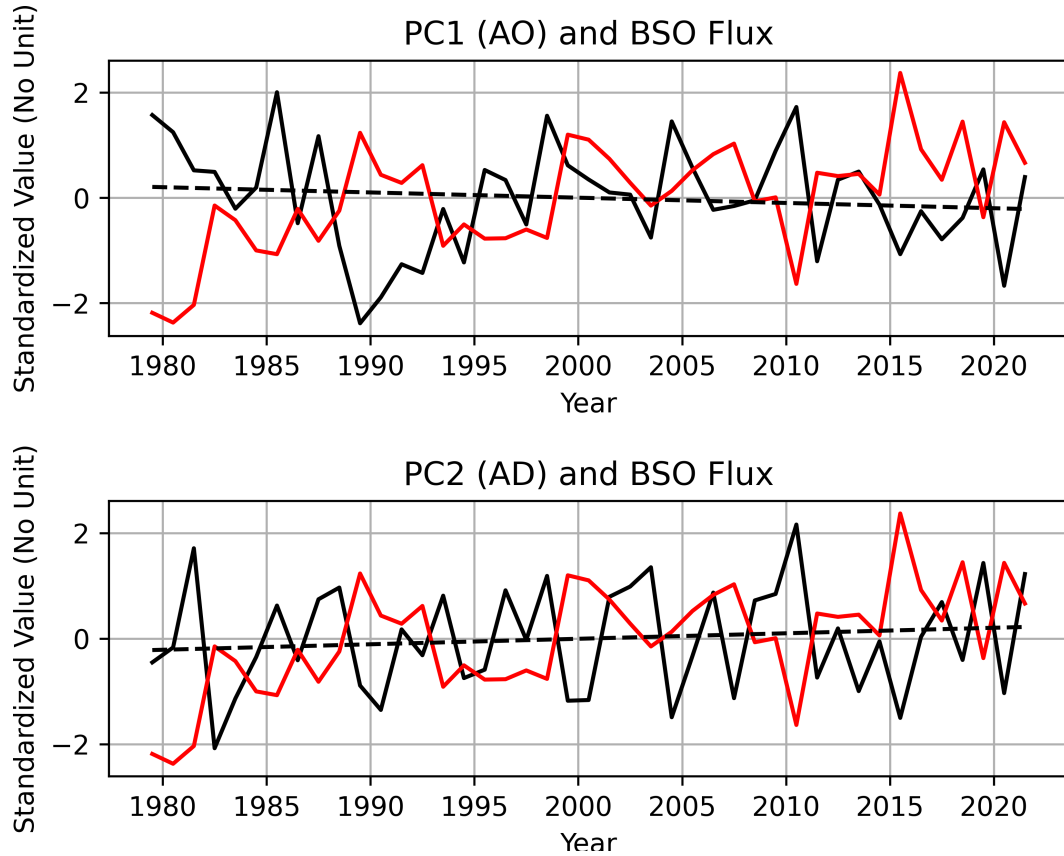


Figure 8. Principal components of the AO and the AD (Black plain line, dashed line for the linear trend) and the BSO flow (Red). Annual mean values for the period 1979-2021. The principal components and the BSO flow are standardized by subtracting their mean values, and dividing by their standard deviation. At a monthly timescale, the relation between the two Arctic leading modes and the BSO flow appears obvious. The correlation between the BSO flow and the AD is -0.75 whereas the correlation with the AO is only -0.24. At an annual timescale, the correlation between the BSO flow and the AD is -0.42, but that with the AO becomes -0.55. The trend in AD and AO, are 0.09 and -0.15 for the time period 1979-2021 respectively. Based on an EOF value of 500 Pa, this corresponds to a difference of 45 and 75 Pa, respectively.

5 Discussion and Conclusion

The results presented in Figure 2 show that there is a positive trend of flow at BSO, from the Nordic Seas towards the Barents Sea. At the scale of the Nordic Sea basins, this trend is compensated by other flow trends at other gates. Therefore, the causality link can not be established directly: the BSO flow trend could be very well driven from further South and pushed for example by a stronger flow at Faroe-Shetland strait, itself resulting from a stronger meridional transport. Through the utilization of a DL model, that takes for input wind time series resulting from a spatial average done over specific areas of the Nordic Seas, we can establish a link between the trend of the BSO flow and atmospheric wind forcing over the Nordic Seas area. We find that the BSO flow and its trend can be reconstructed only if the Deep Learning pipeline is fed by high frequency wind data (one to three hours sampling period) over a period of 3 weeks prior to the time of the reconstruction. This link proves that within the wind time series extracted from the Nordic Seas forcing, the source of the BSO flow trend is present. And we provide a reasoning that shows that the BSO flow trend comes most likely only from the wind forcing over this area, which excludes another causality. In addition, sensitivity tests based on the DL model confirm that the BSO flow is sensitive to the meridional wind and Sverdrup transport in the Nordic Seas basin, which means that a higher vorticity in the Nordic Seas increases the BSO flow. The limitation of our DL approach is that, per se, it does not provide an understanding of the underlying physical processes that drive the BSO flow trend. Rather, it is a mean to explore non-linear statistical links and as such it provided information on potential drivers and respective timescales.

In order to identify the physical processes behind the statistical links identified by the DL, we performed idealized experiments with the prognostic general ocean circulation model that explored the impact of wind changes that are related to known changes in the leading atmospheric modes over the North Atlantic and the Arctic. Our results indicate that changes in the NAO and EA-pattern (i.e. the two leading modes of sea level pressure anomalies over the North Atlantic) from 1979-1988 to 2013-2022 have a very weak impact on the simulated BSO flow as even the sign is not consistent with the simulated trend of the full simulation. The impact of NAO patterns in our simulation is difficult to compare with the results of Muilwijk et al. (2019), who used strong or weak NAO anomalies, whereas we used real NAO trends. But our findings confirm the work of Smedsrud et al. (2013); Heukamp et al. (2023); Polyakov et al. (2023), that show a weak NAO influence on the BSO flow. For the Arctic Ocean, we focused on changes over time and did not refer to pattern changes. This approach was triggered by foregoing studies that highlighted the potential importance of the AD and its changes over time. We found that both, pronounced AO and AD positive phases, can lower the BSO flow. As suggested earlier by Polyakov et al. (2023), the AD had a relatively pronounced impact on the BSO flow, but the known trend in the AD goes into the wrong direction. Moreover, the relation between AD and BSO flow is anti-correlated both in the present work and in Polyakov et al. (2023). We therefore conclude that the trend in AD can not explain the trend in BSO flow.

The trend in the AO, in contrast, would go into the right direction and the ongoing weakening trend of AO can lead to a higher BSO flow. The latter can be explained by the fact that a weaker AO would lead to weaker Easterly winds in the Northern part of BSO. A weaker AO would lead to a weaker outflow, consistent with our model results showing that the BSO positive trend is mostly due to a smaller outflow from the Barents Sea towards the Nordic Seas (Figure 3). This implies that the change in the total flow is more related to the decreasing outflow than the change in inflow. That said, the respective observed trend in the AO is too weak to have a strong impact. For illustration, considering a shift from an AO plus to AO negative phase would refer to an approx 8% change in the BSO flow while the observed AO trend is rather minor. The increase of the simulated BSO flow represented by Nemo-NAA10km with full atmospheric forcing is more than 20%.

We conclude that it is likely that the atmospheric patterns that lead to the simulated trend in BSO flow when applying the full atmospheric forcing, are relatively complex and do not project directly on the leading modes of atmospheric variability over the North Atlantic and the Arctic. Further experiments, out of scope with the present manuscript, show that the BSO flow trend can not be explained by a linear trend of atmospheric variability. Using an atmospheric forcing from which the linear trend of wind velocity and atmospheric pressure has been removed, produces a BSO flow trend which value is 97% of that computed with the normal atmospheric forcing, showing that the BSO flow trend is driven by a non-linear process.

Our speculations are inline with the findings of Mulwijk et al. (2019), as we relate anomalous BSO flows to a very specific atmospheric pattern identified by using climate response functions, and Heukamp et al. (2023), who refer to the importance of the local cyclonic activity. Also, (potentially complex) interactions in the leading atmospheric modes as well as the impact of sea ice decline are not captured in the presented study (see for example Koenigk et al. (2009) for potential feedback mechanisms in coupled simulations). Note, however, that the DL approach could reconstruct the simulated trend in the BSO flow to a large degree when considering ice free areas only.

In summary, we failed to identify the underlying pattern "hidden" in the wind data that can explain the BSO flow trend. Utilizing a DL model, however, ensures that what leads to the simulated BSO flow trend is related to some signal in the wind data time series provided to the DL model. We can also confirm that wind over the Nordic Seas can explain this trend, since it is the only geographical source of the time series. It also gives us a hint to search more towards high frequency processes. Therefore, some additional research is needed.

6 Open Research

The data used in this article is available online in the following repository <https://ns5001k.web.sigma2.no/2024JC021663/> Sigma2 is the Norwegian Infrastructure for High-Performance Computing and Data Storage in Norway.

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Appendix A Deep Learning Model

As outlined in section 3, to address the prediction of temporal BSO flow variation, we developed a multivariate causal convolutional neural network (Oord et al., 2016; Bai et al., 2018). We choose a rather complex DL architecture since we expected large non-

534 linearities and additionally wanted to cover time dependencies. Other common and sim-
 535 pler time series neural network architectures that cover time dependencies, such as Long
 536 short-term memory network (LSTM) and Multilayer Perceptrons (MLP), were tested
 537 for our purpose (Granata & Di Nunno, 2023; Yi et al., 2024; Hochreiter & Schmidhu-
 538 ber, 1997; K. Chen et al., 2021; Che et al., 2018). However, in our benchmarking, the
 539 causal convolutional network is selected because of its smaller generalization errors (shown
 540 in Figure A2). The selected model architecture facilitates efficient feature learning from
 541 a sequence of input variables, unlike the LSTM models that require more measures to
 542 be taken into account to reduce overfitting (Kinoyama et al., 2021).
 543 Please note that, in contrast to basic machine learning research the focus here is not on
 544 developing deep learning architectures (such as outcompeting other approaches) but, rather,
 545 to apply a tested framework to obtain scientific hypotheses which are then fed into fur-
 546 ther analysis and a first-principle model for testing. The causal term in convolutional
 547 layers refers to using past data to reconstruct each moment, without any information
 548 leakage from the future to the past. However, due to the inherent directed acyclic graph
 549 (DAG) structure of the deep neural networks, the DL model can propose a causal infer-
 550 ence between input variables and the output (Cui & Athey, 2022; Wang et al., 2022; Berrevoets
 551 et al., 2023). The physical causality between the wind indexes and the BSO flow arises
 552 based on expert knowledge of physics that indicates the relation between them is cause
 553 and effect. It should be noted that there are no effect variables of the BSO flow inside
 554 the input variables. On the other hand, by reducing the generalization error, it can be
 555 deduced that the model suggests a causal inference for the BSO flow, which can enable
 556 further investigation into the variability of BSO flow under the influence of wind indexes.

557 The model comprises a series of causal convolution layers for extracting features
 558 from lags of inputs within a period of historical data (receptive field of RF). This is fol-
 559 lowed by a stack of dense layers designed to perform regression on these features to pre-
 560 dict the hourly BSO flow. During the training process, the learnable parameters, includ-
 561 ing weights and biases, of layers, such as convolution and dense layers, are tuned to pre-
 562 dict the BSO flow using features extracted from the lags of wind data within an RF .

563 Increasing RF size allows for the inclusion of information from a wider range of
 564 past wind data and captures long-term dependencies. Figure A1 illustrates the archi-
 565 tecture of the DL model, comprising k residual blocks of causal convolutions followed
 566 by p blocks of fully connected layers. Therefore, the length of RF is determined as fol-
 567 lows:

$$RF = (fs - 1)(2^k - 1) + 1 \quad (A1)$$

568 where fs is the filter size of the convolutional layers and is set to 2. Adam optimizer is
 569 used for gradient descent learning. Hyperparameters were tuned through grid search, which
 570 as a result, our DL model architecture includes 128 filters in each convolutional layer,
 571 64 nodes in the fully connected layers, a dropout probability of 0.25, and two blocks of
 572 fully connected layers (see Figure A1). The number of residual blocks of causal convo-
 573 lutions k (which reflects the length of the RF according to Equation A4) was selected
 574 based on the model’s ability to reconstruct the BSO long-term trend. Hence, the model
 575 was optimized for each k individually (shown in Figure 5). For this purpose, trend ra-
 576 tio TR is defined as the ratio of the predicted trend to the actual trend. As a result, the
 577 number of residual blocks was set to 9, which indicates that 3 weeks of past data are used
 578 to predict the BSO flow. The dataset was divided into training (80%, from the first of
 579 1975 to 2011), validation (15%, from 2012 to 2019), and testing (5%, the last two years)
 580 sets. For stable training, input variables are normalized to a range of 0 to 1. Target val-
 581 ues are kept in their original scale, consequently, a learning rate of 4 was determined from
 582 the grid search. The training process was monitored using the validation set to avoid over-
 583 training with a patience value of 10. The model is trained in epochs of 136.

584 Therefore, the input variables of size c are sequentially fed into k residual blocks,
 585 each consisting of a dilated causal convolution, batch normalization, and Rectified Lin-

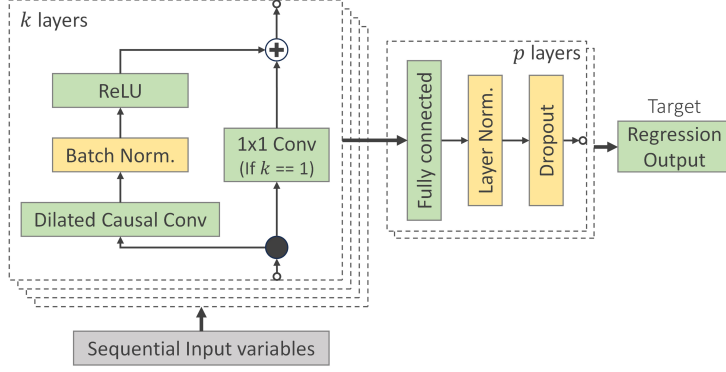


Figure A1. Diagram representing the DL model architecture with k residual blocks of causal convolutions and p blocks of fully connected layers.

586 ear Unit (ReLU) activation layer. The residual block is a non-linear module where the
 587 output is formed by adding the input, which is able to address the gradient vanishing
 588 problem and improve learning efficiency in deep learning architectures (He et al., 2016).
 589 Incorporating dilated causal convolution layers into the model facilitates an increase in
 590 the receptive field size RF without significantly raising the number of learnable param-
 591 eters or the computational cost (Oord et al., 2016). The dilation factor for each block
 592 is set to $d = 2^{(k-1)}$. Therefore, the output of the k -th residual block ($k > 1$) for the
 593 i -th filter ($i = 1, 2, \dots, nf$) at time step t is:

$$\hat{z}_k[i, t] = \gamma_k[i] \cdot \frac{\sum_{q=1}^{fs} \sum_{j=1}^{fs} w_k[q, j, i] \cdot z_{k-1}[j, t - d(q-1)] + b_k[i] - \mu_k[i]}{\sqrt{\sigma_k^2[i] + \epsilon}} + \beta_k[i] \quad (\text{A2})$$

$$z_k[i, t] = \text{ReLU}(\hat{z}_k[i, t]) + z_{k-1}[i, t]$$

594 where z_k and z_{k-1} are the outputs and inputs of the module. The indices q and j in the
 595 summations correspond to the filter size and input feature size, respectively. The first
 596 residual block includes a skip causal convolution layer with a filter size of one to main-
 597 tain dimensional consistency. Therefore, for $k = 1$:

$$\hat{z}_1[i, t] = \gamma_1[i] \cdot \frac{\sum_{q=1}^{fs} \sum_{j=1}^c w_1[q, j, i] \cdot x[j, t - d(q-1)] + b_1[i] - \mu_1[i]}{\sqrt{\sigma_1^2[i] + \epsilon}} + \beta_1[i] \quad (\text{A3})$$

$$z_1[i, t] = \text{ReLU}(\hat{z}_1[i, t]) + \sum_{j=1}^c w_0[1, j, i] \cdot x[j, t] + b_0[i]$$

598 where weights w_k and bias b_k are trainable parameters of the convolution layers with the
 599 filter size fs and the number of filters nf . The convolution outputs are normalized us-
 600 ing batch normalization with learnable scale parameters γ and shift parameters β . The
 601 mean and standard deviation of the convolution layer outputs are denoted as μ and σ ,
 602 respectively. ReLU activation function is applied after the batch normalization layer to
 603 introduce non-linearity, enabling the model to capture intricate data features and pat-
 604 terns (Sharma et al., 2017). The ReLU function outputs zero for negative input values
 605 and retains positive ones unchanged.

606 The fully connected layers integrate the features extracted by the convolutional blocks
 607 and transform them into the final prediction. Let $x \in \mathbb{R}^m$ be the input to the fully con-
 608 nected layer and $y \in \mathbb{R}^n$ be the output of the layer, therefore:

$$y(t) = \mathbf{w}x(t) + \mathbf{b} \quad (\text{A4})$$

Table A1. Summary of the DL model. Output shape indicates the dimension of layer output in batches (B), time steps (T), and channels (C).

	Layer Name	Layer Type	Output Shape	Learnable Parameters
	Sequential_Inputs	Input	$1(B) \times 1(T) \times 27(C)$	-
$k = 1$	Dilated_Causal_Conv_01	Conv1D	$1(B) \times 1(T) \times 128(C)$	$2 \times 27 \times 128(w) + 128(b)$
	BatchNorm_01	Batch Normalization	$1(B) \times 1(T) \times 128(C)$	128 (Offset) + 128 (Scale)
	ReLU_01	ReLU		-
	Skip_Conv	Conv1D	$1(B) \times 1(T) \times 128(C)$	$2 \times 27 \times 128(w) + 128(b)$
	Add_01	Addition	$1(B) \times 1(T) \times 128(C)$	-
$k = 2, \dots, 9$	Dilated_Causal_Conv_(k)	Conv1D	$1(B) \times 1(T) \times 128(C)$	$2 \times 128 \times 128(w) + 128(b)$
	BatchNorm_(k)	Batch Normalization	$1(B) \times 1(T) \times 128(C)$	128 (Offset) + 128 (Scale)
	ReLU_(k)	ReLU		-
	Add_(k)	Addition	$1(B) \times 1(T) \times 128(C)$	-
$p = 1$	Dense_01	Fully Connected	$1(B) \times 1(T) \times 64(C)$	$64 \times 128(w) + 64(b)$
	LayerNorm_01	Layer Normalization	$1(B) \times 1(T) \times 64(C)$	64 (Offset) + 64 (Scale)
	Dropout_01	Dropout	$1(B) \times 1(T) \times 64(C)$	-
$p = 2$	Dense_01	Fully Connected	$1(B) \times 1(T) \times 64(C)$	$64 \times 64(w) + 64(b)$
	LayerNorm_02	Layer Normalization	$1(B) \times 1(T) \times 64(C)$	64 (Offset) + 64 (Scale)
	Dropout_02	Dropout	$1(B) \times 1(T) \times 64(C)$	-
	Output	Fully Connected	$1(B) \times 1(T) \times 1(C)$	$1 \times 64(w) + 64(b)$

Number of layers: 46

Total learnable parameters: 288.8k

Optimizer: Adam

609 where $\mathbf{w} \in \mathbb{R}^{n \times m}$ and $\mathbf{b} \in \mathbb{R}^n$ are learnable weight and bias of the fully connected layer,
610 respectively. We used layer normalization after the fully connected layers to stabilize train-
611 ing and a dropout layer to improve model generalization. Table A1 presents a list of the
612 layers used in the model in detail. The loss function is the half-mean-squared-error of
613 the predicted flow for each time step:

$$Loss = \frac{1}{2N} \sum_j^N (T_j - y_j)^2 \quad (\text{A5})$$

614 where N is the length of the sequence in each sample. In the training process, the time
615 series was segmented into samples of two years, with a one-month overlap between con-
616 secutive samples. This interval is sufficiently long to have a smooth and stable training
617 on samples, yet not so extended as to reflect the BSO long-term trend. We used a mini-
618 batch size of 6, which results in four iterations per epoch. The evolution of the loss func-
619 tion is demonstrated in Figure A2b. The target values are unscaled, with an order of mag-
620 nitude of $1e6$ in this version of the DL model. The learning rate and L2 regularization
621 were optimized via grid search. No overshooting in training loss was observed during the
622 initial iterations, suggesting the learning rate is appropriately set. The gradual decrease
623 in loss throughout the iterations further indicates stable convergence.

624 Figure A2a shows the predicted flow for the training set in blue and the (valida-
625 tion and) test set in red compared with the target BSO flow obtained from the Nemo-

626 NAA10km model. Performance of the DL model is presented in Figure A2c and d through
 627 a scatter plot of target vs. predicted BSO flow. As a result, the model predicts the BSO
 628 flow with an RMSE of $5.03e5$ Sv and $6.52e5$ Sv for the training and test sets, respectively.
 629 The R^2 values of 0.91 for the training set and 0.81 for the test set indicate that the model
 630 was generalized appropriately. However, the model has not yet excelled in capturing extreme
 631 events, and further considerations are required to improve the DL model for both
 632 extreme low and high events. We repeated the training of the DL model multiple times
 633 and observed consistent performance in both the training and test sets, indicating that
 634 the model is stable and has been sufficiently trained. Henceforth, the entire dataset is
 635 utilized to train the DL model to accurately capture the BSO long-term trend for use
 636 in subsequent experiments.

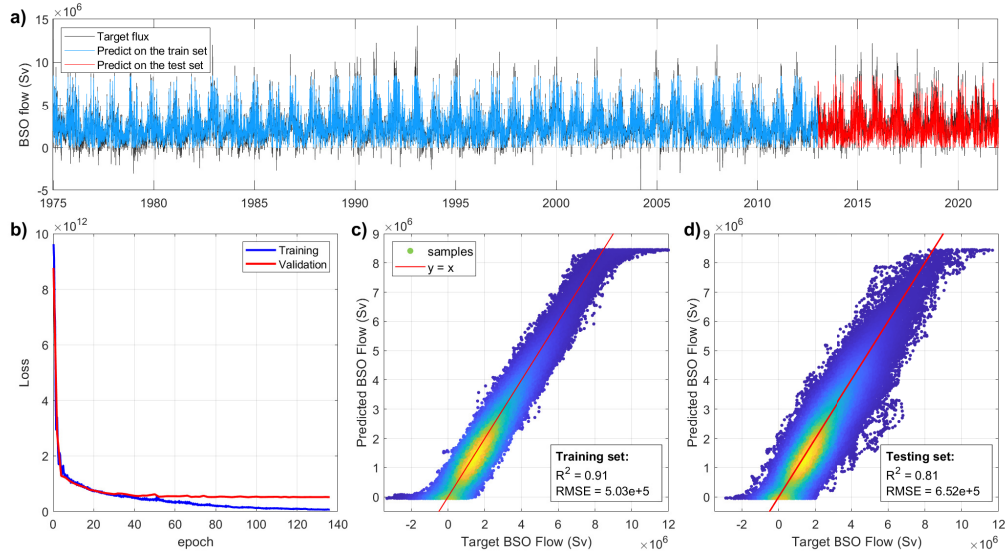


Figure A2. DL Model Training Results. a) Comparison of target and predicted BSO flow on the training and test sets for an RF of 3 weeks. b) Training and validation loss as a function of training epochs. Panels (c) and (d) demonstrate density scatter plots showing target vs. predicted flow for training and testing sets, respectively.

637 A1 Explaining DL Model Predictions

638 The field of Explaining AI is broad, as it simultaneously needs to address different
 639 types of machine learning models and a wide range of interpretability requirements
 640 (Letzgus et al., 2022). In this study, we conducted a series of experiments, including re-
 641 training the model by disturbing input features or using combinations of input features,
 642 and input perturbation analysis to identify the sensitivity of the model to input variables.

643 Figure A3a shows the BSO flow prediction using the DL model with all 27 wind
 644 indexes. The model successfully reconstructs the flow, achieving an R^2 value of 0.97 and
 645 a TR of 0.92. However, the predicted flow contains a bias (Figure A3c), which can be
 646 attributed to the model's capacity to accurately predict extreme events. In addition, Figure
 647 A3b presents the annual mean of both actual and predicted flows. To demonstrate
 648 the outcomes of the model, we also present results obtained through training with different
 649 subsets of wind indexes. By excluding wind indexes from "500m isobath" and "All
 650 Nordic Sea" boxes, the DL model reconstructs the flux with an R^2 of 0.96 and a TR of
 651 0.93, which is almost the same result as using all wind indexes. Training the DL model

652 exclusively with wind indexes from the "500m isobath" and "BSO boxes" yielded an R^2
 653 of 0.94 and a TR of 0.80. The long-term trend of the latest model can be improved by
 654 including wind indexes of Fram Strait into the input variables, which results in R^2 of 0.95
 655 and TR of 0.91.

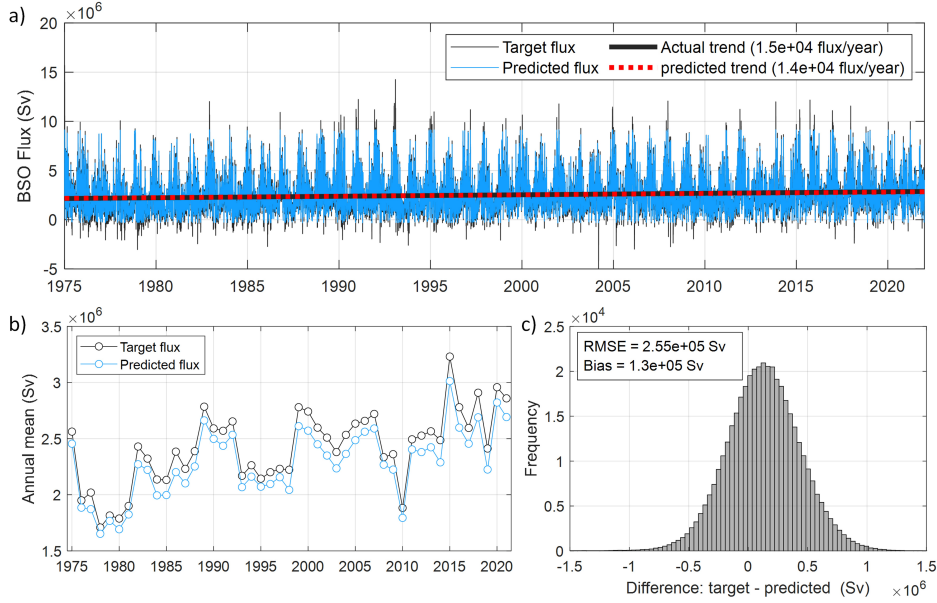


Figure A3. a) Reconstructed BSO flow using all wind components and RF of 3 weeks. The black line represents the long-term trend of the actual BSO flow, while the red dashed line corresponds to the predicted BSO flow. The DL model successfully reconstructed the long-term trend with a TR value of 0.92. b) annual mean flux of actual and predicted time series. c) histogram of differences between actual and predicted BSO flux.

656 Training the DL model only with wind indexes from BSO gates resulted in an R^2
 657 of 0.91 and a TR of 0.78. This shows that the model reconstructs a substantial portion
 658 of the long-term trend with solely wind data from BSO gates. However, training the DL
 659 model with all available indexes except those from BSO gates can still result in an R^2
 660 of 0.96 and a TR of 0.90, which demonstrates that information for capturing the long-
 661 term trend can also be obtained from other locations than BSO gates. Therefore, fur-
 662 ther investigation into features using feature selection methods may not provide addi-
 663 tional insights into the drivers of the BSO flow trend, as the RF of 3 weeks is sufficient
 664 to observe events across all locations and the model is able to establish relationships with
 665 the remaining features. Hence, using all 27 features is more suitable for training a more
 666 stable model. In addition, We want to emphasize at this point that providing more fea-
 667 tures adds information for the DL model to provide a better representation of the BSO
 668 flow, but that it is at this stage impossible to establish a connection with the underly-
 669 ing physical processes that drive the BSO flow trend.

670 Incorporating wind indexes from different locations enables us to implicitly intro-
 671 duce spatial variability in wind patterns into the DL model, thereby enhancing the model's
 672 robustness. To assess the robustness of the DL model in the presence of noisy data, we
 673 retrained the DL model by adding random Gaussian noise to all inputs with a noise level
 674 of 10 percent of each input's standard deviation. The results showed almost consistent
 675 performance in reconstructing the flow. This observation suggests that the model can
 676 find the solution within noisy data by establishing relations between the lags and loca-

677 tions of the wind indexes. In another experiment, we disrupted the frequency dependen-
 678 cies among input variables by performing a fast Fourier transform (FFT) on the wind
 679 indexes and then combining the components with random phases. Training the model
 680 with this artificially modified wind data demonstrated that the model was unable to re-
 681 construct the flow without the true frequency dependencies among the input variables.

682 The causal relationship between wind patterns and the BSO trend can be investi-
 683 gated by perturbing the input wind data and observing the output of the trained mod-
 684 els. Due to our interest in the long-term trend of the BSO flow, a trend perturbation was
 685 applied to input variables by scaling the long-term trend of each variable by α . The per-
 686 turbed input variables are determined by adding a trend of $\alpha.t/(46years)$, where t is time
 687 with the reference epoch of 1975.0 and the factor α ranges from -0.05 to 0.05 in incre-
 688 ments of 0.01.

689 Figure A4 presents the results of trend perturbation, demonstrating how changes
 690 in the long-term trend of each input variable (for different regions in the study area) im-
 691 pact the TR of the predicted BSO long-term trend. This figure shows strong positive cor-
 692 relations in the DL model, indicating that increasing long-term trends of the BSO gate
 693 wind stress and northward wind stress in "500m isobath" correspond to increased long-
 694 term trends in BSO flow predictions. Furthermore, notable inverse correlations are evi-
 695 dent with the eastward wind stress in "All Nordic Sea" and the northward wind stress
 696 in Fram Strait and Iceland-Faroe gate. Generally, the perturbation analysis indicates that
 697 an increase in the long-term trend of northward wind stresses in the eastern and south-
 698 eastern regions of the study area can result in an upsurge in the BSO trend. Conversely,
 699 an increasing trend in the Fram Strait wind indexes can lead to a reduction in the BSO
 700 trend. It is important to note that the introduced trends in the input wind indexes are
 701 of a small magnitude, so that applying an α of 0.01 is equivalent to 1% of the wind range.

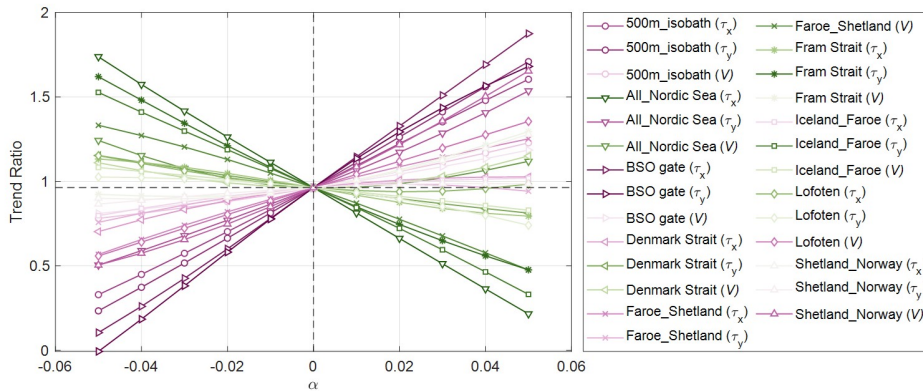


Figure A4. Trend perturbation test on the trained DL model with actual wind data.

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